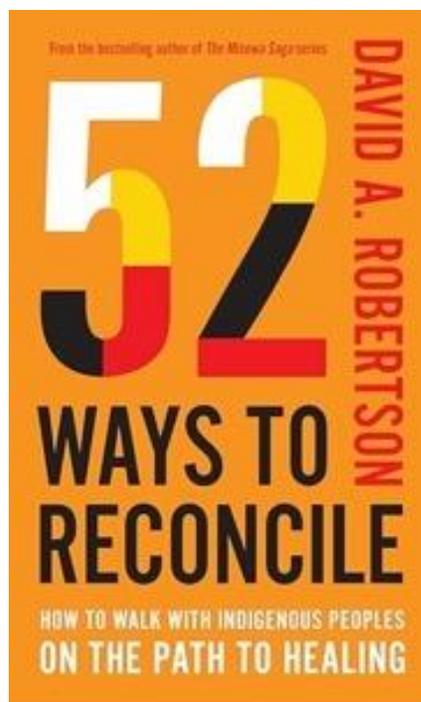


Photo credit: David A. Robertson's Facebook Post



Reference: Robertson, D. (2025). *52 ways to reconcile: how to walk with Indigenous peoples on the path to healing* (Hardcover edition.). McClelland & Stewart.

## **52 Ways to Reconcile: How to Walk with Indigenous Peoples on the Path to Healing**

### **Reflection Guide**

Developed by Janice Desroches (she/her)  
Co-founder of Chapters for Change <https://www.chapters4change.com/>

“52 Ways to Reconcile is an accessible, friendly guide for non-Indigenous people eager to learn, or Indigenous people eager to do more in our collective effort towards reconciliation, as people, and as a country.” (Robertson, 2025).

“For reconciliation to work, we need everybody, and we need everybody to be passionate about it.” (Robertson, 2025, p. 2)

“Reconciliation is an action...It is a Canadian issue...Just remember that we’re walking together every step of the way.” (Robertson, 2025, p. 4-6)

# A Message to All Canadians,

Chapters4Change’s 2026 theme is **Growth & Reconciliation**. Beginning **January 1, 2026**, our community will walk together through **David A. Robertson’s** powerful and practical book, **52 Ways to Reconcile: How to Walk with Indigenous Peoples on the Path to Healing**. Each week, we will engage in **one reconciliation action**—52 small, meaningful steps that guide us toward stronger, healthier, and more respectful relationships between Indigenous and non-Indigenous peoples.

We invite all Canadians to **order copies of the book** (for yourself, and to share with others) and to **download and print this reflection guide** to record your reflections as you move through the weekly actions.

In the words of David A. Robertson (2025):

*“For reconciliation to work, we need everybody, and we need everybody to be passionate about it.”* (p. 2)

*“Reconciliation is an action...It is a Canadian issue...Just remember that we’re walking together every step of the way.”* (pp. 4–6)

**Let us walk together—step by step—through learning, growth, and action toward reconciliation.**

♥ The Chapters4Change Team



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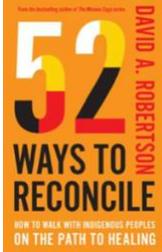
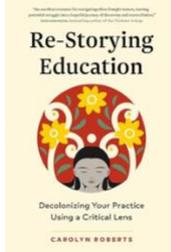
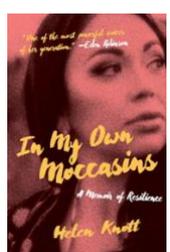
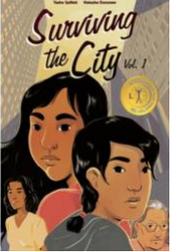
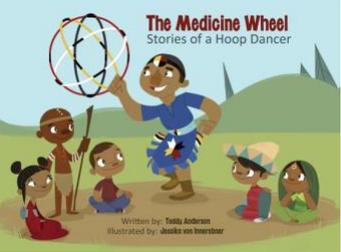
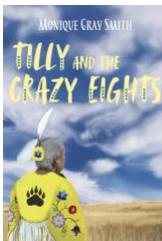
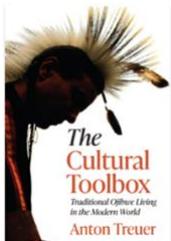
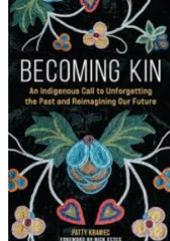
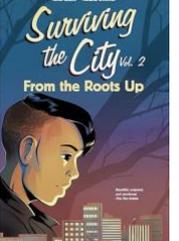
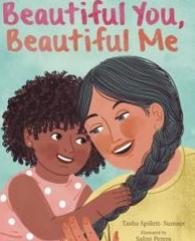
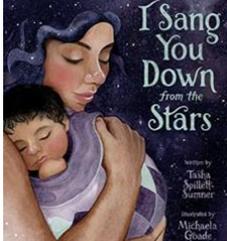
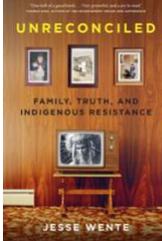
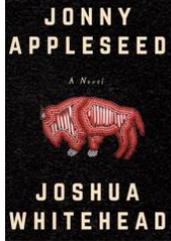
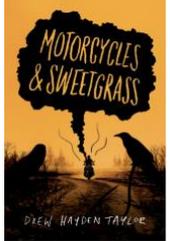
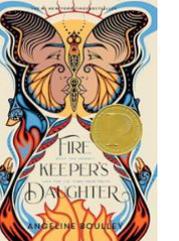
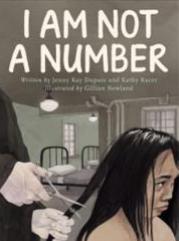
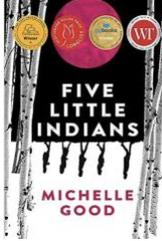
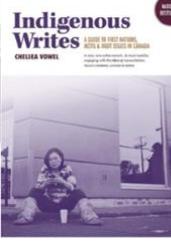
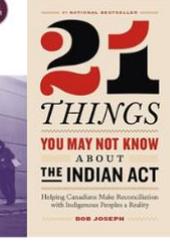
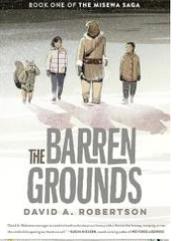
# Week # 2: Start an Indigenous Book Club

“There are so many books out there right now about Indigenous people, by Indigenous people. And those are the criteria for this book club.”

(Robertson, 2025, p. 12)

David’s Suggested Books: p. 224-225

Chapters4Change Book Club Recommendations with Educational Resources

Adult Readers	YA Readers	Kids
  		
  		 
  		
  		
		























# Week # 11: Learn Everyday Words in Indigenous Languages

“If you lose the language, you lose the culture”  
(Robertson, 2025, p. 35)

<b>Indigenous communities close to where you live:</b>	<b>Keywords:</b>







# Week # 15: Help Fund Indigenous Education

“Donate...Every dollar counts...find ways to raise money that can be donated to support Indigenous education.”  
**(Robertson, 2025, p. 69)**

Reflections:

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# Week # 16: Read Indigenous Comics

“Comics engage the imagination more actively...Read Indigenous comics and/or graphic novels.”

(Robertson, 2025, p. 73-74)

**David’s Suggested Graphic Novels:** p. 225

**Chapters4Change Suggested Readings:**

<https://www.chapters4change.com/post/march-2022-young-readers>

<https://www.chapters4change.com/post/april-2022-young-readers>

Comic/Graphic Novel: \_\_\_\_\_

Reflections:

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# Week # 20: Support Indigenous Tourism

“The goal is to provide an opportunity for Canadians and visitors to Canada to see the world through an Indigenous lens.”  
(Robertson, 2025, p. 92)

Experience Near You to Enjoy and Learn From:

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Reflections:

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# Week # 31: Learn About Traditional Indigenous Governance and Political Structures

“Take some time to research traditional approaches to governance by Indigenous cultures.”  
(Robertson, 2025, p. 136)

Traditional Approach to Indigenous Governance:

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Reflections:

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# Progress Chart

# 52

## Ways to Reconcile

**David Robertson (2025)** invites us to approach the book as “**an activity book,**” noting: “There is something here that you can do every week for an entire year that will contribute to fixing the mess that has been made. These actions are (mostly) not in any specific order. **You can do any of them at any time,** at your leisure, remembering that some of them are tied to particular days.” (p. 6)

**Directions:**

Each week, choose an activity—read, act, and reflect. Keep track of your progress by checking off the actions you take!

1) HOST A MOVIE NIGHT	2) START AN INDIGENOUS BOOK CLUB	3) ENGAGE WITH INDIGENOUS SOCIAL MEDIA	4) LEARN THE DIFFERENCE BETWEEN CULTURAL APPROPRIATION AND CULTURAL APPRECIATION	5) RESEARCH INDIGENOUS PLACE NAMES
6) WRITE A LAND ACKNOWLEDGMENT	7) CHECK YOUR IDIOMS	8) START A SECOND BOOK IN YOUR INDIGENOUS BOOK CLUB	9) SUPPORT AN INDIGENOUS MUSICIAN	10) SUPPORT THE RENAMING OF COLONIAL MEMORIALIZATIONS
11) LEARN EVERYDAY WORDS IN INDIGENOUS LANGUAGES	12) SUPPORT INDIGENOUS ATHLETES	13) EDUCATE YOURSELF ABOUT THE SIXTIES SCOOP	14) VOLUNTEER YOUR TIME	15) HELP FUND INDIGENOUS EDUCATION
16) READ INDIGENOUS COMICS	17) SUPPORT AN INDIGENOUS BUSINESS	18) WATCH AN INDIGENOUS TELEVISION SHOW	19) HONOUR AN INDIGENOUS WORLD VIEW	20) SUPPORT INDIGENOUS TOURISM
21) MENTOR INDIGENOUS YOUTH	22) LEARN THE HISTORY OF THE POTLATCH CEREMONY	23) VIEW THE SKY THROUGH AN INDIGENOUS LENS	24) RECOGNIZE INDIGENOUS INNOVATION	25) CELEBRATE NATIONAL INDIGENOUS PEOPLES DAY



# 52

## Ways to Reconcile

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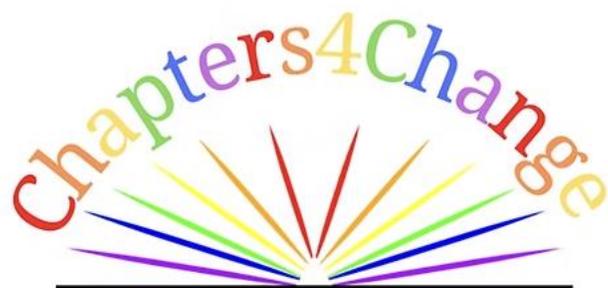
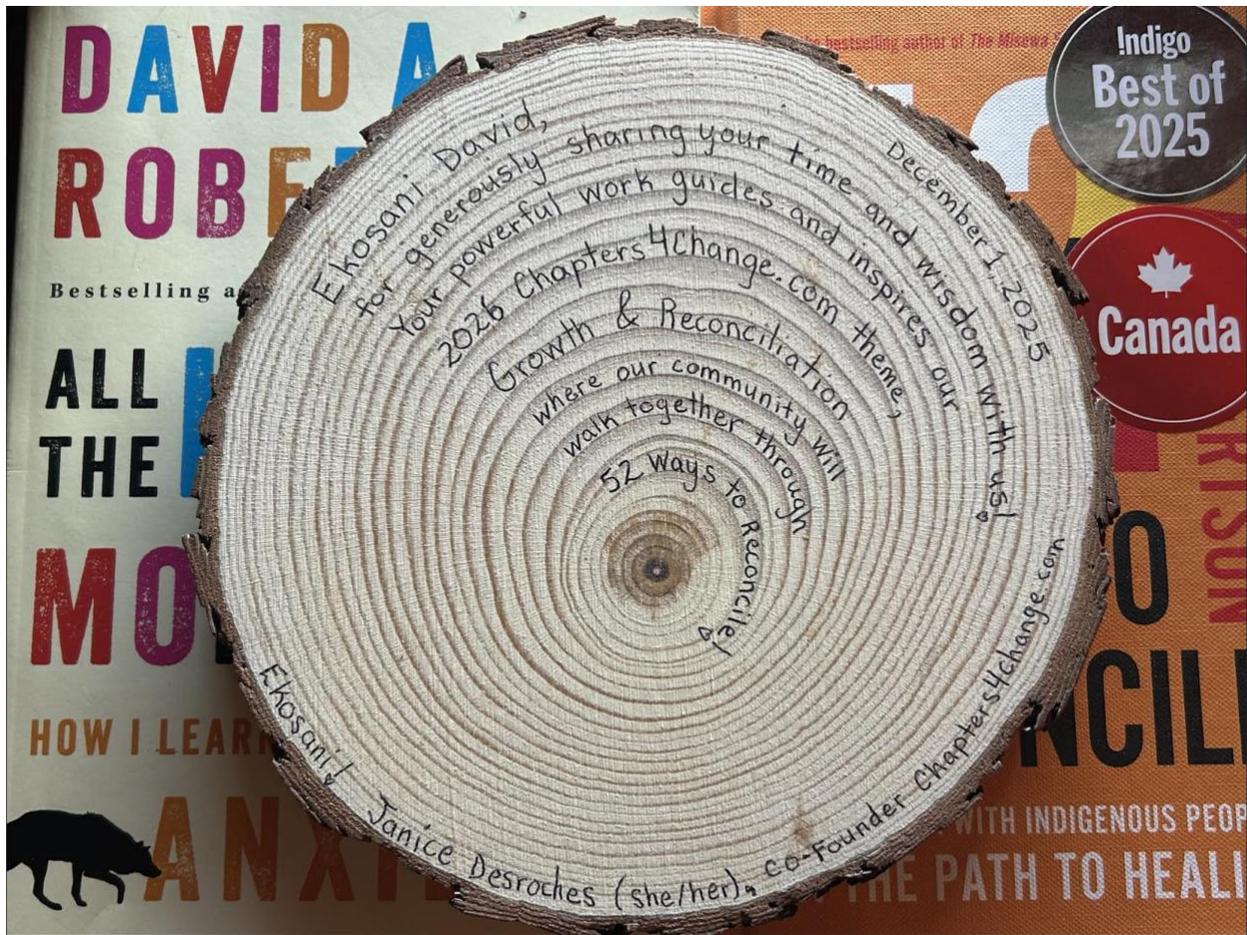
26) TAKE PART IN A SMUDGE AND LEARN ABOUT SACRED MEDICINES	27) DONATE TO SUPPORT SURVIVORS AND FAMILIES	28) CREATE, AND TAKE, YOUR OWN ACTION	29) LEARN ABOUT INDIGENOUS APPROACHES TO LAND STEWARDSHIP	30) LEARN INDIGENOUS HISTORY CONCERNING AGRICULTURE
31) LEARN ABOUT TRADITIONAL INDIGENOUS GOVERNANCE AND POLITICAL STRUCTURES	32) VISIT A CULTURAL CENTER	33) VISIT A LOCAL INDIGENOUS RESTAURANT	34) ATTEND A POWWOW	35) ATTEND A DEMONSTRATION OR GATHERING
36) LAUGHTER IS MEDICINE- ENJOY INDIGENOUS HUMOUR	37) WATCH SURVIVOR VIDEO TESTIMONY	38) MAKE TIME FOR QUIET REFLECTION	39) GO EVEN FURTHER ON THE NATIONAL DAY FOR TRUTH AND RECONCILIATION	40) WEAR ON ORANGE SHIRT ON ORANGE SHIRT DAY
41) ON THE MATTER OF ACCOUNTABILITY	42) READ THE TRUTH AND RECONCILIATION COMMISSION OF CANADA'S FINAL REPORT	43) TALK TO YOUR KIDS ABOUT A HARD HISTORY	44) ADVOCATE FOR OUR FREEDOM TO READ	45) MAKE SOME BANNOCK
46) DONT ASK INDIGENOUS PEOPLE TO DO THE WORK	47) CHECK YOUR JUDGEMENT	48) SPEAK UP/SPEAK OUT	49) BINGE AN INDIGENOUS PODCAST	50) BE A TEACHER
51) UNDERSTAND YOUR PRIVILEGE	52) SHARE THIS BOOK			



## Ekosani/Thank You!

Ekosani to David for generously sharing his time and wisdom through *52 Ways to Reconcile: How to Walk with Indigenous Peoples on the Path to Healing*. Deep gratitude to all of you who have chosen to dedicate your time and energy to this transformative learning and leadership journey. As you continue your path of learning, growing, and transforming, let us hold David's words close:





Read to Learn & Learn to Change